Medicare Spends More on Socially Isolated Older Adults

Mental Health · https://community.womensmoneymatters.org/es/resources/medicare-spends-more-on-socially-isolated-older-adults/

Link:

The AARP article highlights research indicating that Medicare spends significantly more on socially isolated older adults compared to those with stronger social connections. It discusses the health risks associated with social isolation, including higher rates of chronic illnesses and increased hospitalizations. The article emphasizes the importance of social engagement in promoting better health outcomes and reducing healthcare costs. It calls for greater awareness and initiatives to address social isolation among seniors, suggesting that enhancing community support and connectivity can lead to improved overall health and lower Medicare expenses.