Senior home sharing and other communal living options

Mental Health · https://community.womensmoneymatters.org/es/resources/senior-home-sharing-and-other-communal-living-options/

Link:

The MassMutual blog post explores the cohabitation option for seniors as a viable living arrangement in retirement. It discusses the growing trend of older adults living together to share expenses, combat loneliness, and provide mutual support. The article highlights the financial benefits, such as reduced living costs and shared household responsibilities, while also addressing potential challenges like compatibility and privacy. It emphasizes the importance of open communication and planning when considering cohabitation. Overall, the post encourages seniors to consider this option as a way to enhance their quality of life and social engagement in retirement.