Food Pantries for Massachusetts and New England

Food, Clothing and Basic Needs · https://community.womensmoneymatters.org/resources/food-pantries-for-massachusetts-and-new-england/

- **General Food Assistance**
  - https://www.projectbread.org/get-help
  - School meals, summer eats, snap, WIC, meals on wheels, food pantries

- **New Hampshire**
  - The Upper Room Food Pantry
    - Mondays 11:00 am - 1:00 pm (back entrance)
    - The Upper Room
    - 36 Tsienneto Road, Derry, NH

- **Greater Lowell Area**
  - https://docs.google.com/spreadsheets/d/1VS-9lvI81EjNChclza0C4inNvJ2YzjTJVqw8ZI7F-es/edit?usp=sharing

- **Essex County**
  - The Open Door -
    - The Open Door is organized to serve people who live in 10 cities and towns in the northeast corner of Essex County, MA. Gloucester, Rockport, Manchester-by-the-Sea, Essex, Ipswich, Rowley, Topsfield, Boxford, Hamilton and Wenham.
  - Acord Food Pantry
    - Proof of residence in one of the 6 towns they serve: Essex, Hamilton, Ipswich, Manchester, Topsfield or Wenham required.

- 69 Willow Street
- South Hamilton, MA
- 978-468-7424
- Hours:
  - Wednesday | 9:30 AM – 11:00 AM
  - Thursday | 10:00AM – 11:00AM (Seniors 60+)
  - Thursday | 6:30 PM – 7:30PM
  - Saturday | 9:00 AM – 11:00 AM

- Ballardvale 24 hour Community Food Pantry and Fridge
  - Ballardvale United Church
  - 23 Clark Road, Andover
- Lawrence Community Fridge
  - 136 East Haverhill St
  - Lawrence, MA 01840
  - Online Contact Form
  - Hours: 24/7
- Lawrence YMCA Food Pantry
  - 40 Lawrence Street
  - Lawrence, MA 01840
  - 978-686-6191
  - Hours: Thursday | 4:00PM – 6:00PM
- Lazarus House Food Pantry
  - Provides 4 days worth of emergency food every week with no eligibility requirements.
  - 242 Hampshire Street
  - Lawrence, MA

        - 978-332-5013
        - Monday, Tuesday, Thursday | 9:00 AM - 2:00 PM

- **Neighbors In Need**
    - Provides food pantries for all who request it, with no eligibility requirements.
    - 978-685-8321
    - Hours & Locations:
        - Ministerio Apostolico Jesucristo es el Senor
            - 96 East Haverhill Street
            - Lawrence, MA
            - Monday | 9:00 AM - 10:30 AM
        - So. Congregational/Iglesia Adventista Del Septimo Dia Jerusalem
            - 198 South Broadway
            - Lawrence, MA
            - Tuesday | 9:00 AM - 10:30 AM
        - First Church, Congregational
            - High Street, Methuen
            - Tuesday | 5:30 - 6:30 PM
        - Methuen Arlington Neighborhood, Inc.
            - 141 Tenney Street
            - Methuen, MA
            - Wednesday | 9:00 AM - 10:30 AM
        - Boys and Girls Club
            - 136 Water Street
            - Lawrence, MA
            - Thursday | 9:00 AM - 10:30 AM

        - South Church in Andover
            - 43 Central Street, Andover, MA
            - Thursday | 4:00 PM - 5:00 PM

- **The People's Pantry**
    - Food pantry every other Tuesday with no eligibility requirements. Provides refreshments and activities for children in addition to nonperishable goods.
    - 190 Academy Road
    - North Andover, MA
    - 978-687-7948
    - Alternate Tuesdays | 8:30 AM - 11:00 AM

- **BOXFORD**
    - First Congregational Food Pantry
    - 4 Georgetown Road in Boxford, (978) 877-5841.
    - For residents of Boxford, Middleton and Topsfield.
    - Call to schedule time for pickup of food as well as household needs such as toilet paper, towels, dishes and personal products.

- **GEORGETOWN**
    - Abundant Food Pantry
        - New Life Community Church, 186 East Main Street in Georgetown, (978) 352-6771. Tuesdays 9:30 a.m.–noon. Open to anyone.
    - First Congregational Church
        - 7 Andover Street in Georgetown, (978) 352-8443.
        - Monday and Thursday, 9:30 a.m.–noon. Serves Georgetown and surrounding areas.

- **HAVERHILL**

- All Saints Parish
  - 120 Bellevue Avenue in Haverhill, (978) 372-7721.
  - Every other Saturday, 10 a.m.–noon.
  - Proof of Haverhill residency required. Call for emergency food assistance.
- Calvary Baptist Church
  - 13 Ashland Street in Haverhill, (978) 373-4044 or (978) 373-6466. Friday 6–8 p.m. ID required.
- Changing Lives Christian Church
  - 17 Newcomb Street in Haverhill, (978) 373-7373.
  - 1st and 3rd Sunday, 10–11 a.m.
- Common Ground Café
  - 125 Winter Street in Haverhill, (978) 372-3336
  - Last Saturday of the month, 10:30 a.m.–1 p.m., except in May (second to last Saturday) and November & December pantry is open the Saturday before Thanksgiving and Christmas. On an emergency basis Mon.–Fri. 12 noon to 3:30 p.m. Serves residents of Acre neighborhood in Haverhill.
- Liz Murphy Open Hand Pantry
  - Unitarian Church basement, 16 Ashland Street in Haverhill, (978) 372-0260. Tuesday 2–7 p.m. Proof of Haverhill residency required.
- Sacred Hearts Food Pantry
  - Behind the Rectory, 16 Carlton Street in Bradford (between Church and Haverhill Bank), (978) 373-1281. Monday, Wednesday, Friday 8:30–11:15 a.m.
  - ID Required, Birth certificate or report card for children under 18, current piece mail for proof of address.
- Salvation Army
  - 395 Main Street in Haverhill, (978) 420-4192.
  - Monday, Wednesday and Friday 9:30–11 a.m.

        - Open to residents of Haverhill, Bradford, Groveland and Merrimac. ID required for adults, Masshealth card or birth certificate required for children under 18, proof of income, proof of rent, proof of address with utility bill. Additional assistance available to those who qualify.
    - Somebody Cares New England
        - 358 Washington Street in Haverhill, (978) 912-7626.
        - Available by appointment. Last Thursday of the month (November and December open Thursday BEFORE the holiday). Under 65, come between 8:30-11 a.m. to get appointment slip. Over 65, or in a wheelchair, appointment is automatically 11 a.m. 15 minute appointments starting at 1–3:15 p.m. Pantry open 1–3:15 p.m. ID and proof of Haverhill address required. Application required (can be obtained when receiving appointment). Emergency food available, call for appointment.
    - Veteran's Food Pantry
        - Veterans Northeast Outreach Center, 10 Reed Street in Haverhill, (978) 372-3626. Tuesday and Thursday 10:30 a.m.–2:30 p.m. Open only to veterans and their families. Special arrangements can be made for those in immediate need. Additional assistance available.

- **Metro West**
    - A Place to Turn
        - Address: 99 Hartford Street
        - Natick, MA 01760
        - Phone: 508-655-8868
        - Email: email info@aplacetoturn-natick.org
        - Website: www.aplacetoturn-natick.org/
        - Hours: Monday, Tuesday, Thursday 9:30 a.m.-12:30 p.m.; Wednesday 11 a.m.-12:30 p.m., 5:30-7 p.m.
        - Note: Referral from social service agency, school or health care professional, photo ID and address verification necessary.
    - Ashland Food Pantry

- Address: Ashland Community Center
- 162 West Union Street
- Ashland, MA
- Phone: 508-881-0140 x18
- Distribution: Hours: Monday, Wednesday, Thursday, 9 a.m.-1 p.m.

- Blessing Barn Food Pantry
  - Address: Bethany Assembly of God
  - 15 Cape Road
  - Mendon, MA
  - Phone: 508-478-6603
  - Time: Tuesday, 11 a.m.-1 p.m.
  - Note: Mendon residents and surrounding towns

- Celebration International Church
  - Address: 6 Loker Street
  - Wayland, MA 01778
  - Phone: 508-653-6864

- Church of Christ
  - Address: Exchange Street
  - Millis, MA
  - Phone: 508-376-5034
  - Distribution: Wednesday 10 a.m. and Saturdays 10 a.m.

- Daily Break Food Pantry
  - Address: 21 Exchange Street
  - Milford, MA
  - Phone: 508-478-4225
  - Time: Tuesday and Thursday, 6-7:30 p.m.

- Note: Need agency referral, photo ID and proof of residency. Milford residents only, but will do emergency one-time only for persons living in other towns.

- Franklin Food Pantry
  - Location: 43 West Central Street
  - Franklin, MA
  - Phone: 508-966-1274
  - Time: Tuesday-Friday, 9 a.m.-1 p.m.
  - Note: Franklin residents only; must bring proof of residency.

- Holliston Food Pantry Shelf
  - Address: 23 Water Street
  - Holliston, MA
  - Phone: 508-429-5392

- Hope Worldwide New England
  - Address: 214 Concord Street
  - Framingham, MA
  - Phone: 508-848-2401
  - Distribution: Wed, Sat 9-12:00

- Hudson Community Food Pantry
  - Address: 28 Houghton Street
  - Hudson, MA
  - Phone: 978-562-5280

- Loaves and Fishes Food Pantry
  - Location: St. Blaise Roman Catholic Church
  - 1158 South Main Street, Bellingham, MA
  - Phone: 508-966-1274
  - Time: Wednesday, 11 a.m.-1:30 p.m.
  - Note: Bellingham residents only; must show ID.

- Lucy and Joe Press Food Pantry
  - JFS of MetroWest
  - Address: 475 Franklin Street, Suite 101
  - Framingham, MA 01702
  - Phone: 508-875-3100
- Marlborough Community Cupboard
  - Address: 255 Main Street
  - Marlborough, MA
  - Phone: 508-481-4080
  - Distribution: Monday 9 a.m.-1 p.m.; Wednesday 9 a.m.-1 p.m. and 5-7 p.m.; Friday 9 a.m.-1 p.m.
  - Note: Will deliver for homebound individuals. The individual must contact the senior center to complete the application.
- Medfield Food Cupboard
  - Address: P.O. Box 172
  - 496 Main Street
  - Medfield, MA
  - Phone: 508-359-4958
  - Distribution: Thursday, 4-5:30 p.m.
- Mendon Food Pantry
  - Address: Mendon Senior Center
  - 62 Providence Street
  - Mendon, MA 01756
  - Phone: 508-478-6175
  - Website: www.mendonma.gov/TownGovernment/FoodPantry.aspx
  - Hours: The pantry is open the first Monday of the month or by appointment.

- Note: Deliveries can be made to qualifying seniors or disabled persons who do not have transportation or are physically unable to come to the pantry.

- MetroWest Harvest
  - Address: 300 Howard Street
  - Framingham, MA
  - Phone: 508-788-3663

- Natick Service Council Vi Tutuny Food Pantry
  - Address: 2 Webster Street
  - Natick, MA
  - Phone: 508-651-3663
  - Distribution: Tuesday, Saturday 10 a.m.-1 p.m., Wednesday, Thursday 5-8 p.m.

- Needham Community Council Food Pantry
  - Address: 570 Hillside Avenue
  - Needham, MA 02494
  - Phone: 781-444-2415
  - Hours: Mondays and Wednesdays 10:30 a.m.-4:00 p.m., Wednesdays 5-7 p.m.
  - Note: Must live in Needham and have a written letter of referral from either the Needham Housing Authority, if you live in Housing, or the Needham Board of Health.

- Norfolk Food Pantry
  - Address: Emmanuel Baptist Church
  - 63 Rockwood Road (Route 115)
  - Norfolk, MA 02056
  - Phone: 508-528-5862
  - Hours: Saturday, 9:30-11:30 a.m.

- Northborough Food Pantry
  - Address: 37 Pierce Street
  - Northborough, MA

- Phone: 508-393-6897
- Email: info@nfpantry.org
- Distribution: Wednesday 9-10:30 a.m.; Thurs 6:30-8:30 pm

- Open Door
  - Address: Sherrill Hall at St. Paul’s Episcopal Church
  - 39 East Central Street
  - Natick, MA
  - Phone: 508-655-1708
  - Hours: Evening meal every Thursday at 5 p.m.

- Pearl Street Cupboard & Café
  - Address: 10 Pearl Street
  - Framingham, MA
  - Phone: 888-811-3291, x4922

- Project Just Because
  - Address: 86 South Street
  - Hopkinton, MA
  - Phone: 508-435-6511

- Salvation Army Food Pantry
  - Address: 35 Concord Street
  - Framingham, MA
  - Phone: 508-875-3341

- Salvation Army Food Pantry
  - Address: 29 Congress Street
  - Milford, MA
  - Phone: 508-473-0786
  - Time: Monday-Thursday, 9 a.m.-12 p.m.

- Note: Mendon, Milford and Hopedale residents only. Must bring proof of residency or photo ID. Must complete an application which includes information on income.

- Southborough Food Pantry
  - Address: Pilgrim Church, 15 Common Street
  - Southborough, MA
  - Phone: 508-485-4847

- St. Bridget's Food Pantry
  - Address: 15 Wheeler Ave
  - Framingham, MA 01702
  - Phone: 508-875-5959

- Sudbury Community Food Pantry
  - Address: 160 Concord Road
  - Sudbury, MA
  - Phone: 978-443-7725

- Tri-Valley Emergency Food Pantry
  - Address: 10 Mill St.
  - Dudley, MA 01571
  - Phone: 800-286-6640
  - Website: www.trivalleyinc.org/nutrition-services/
  - MetroWest towns served: Bellingham, Franklin, Hopedale, Medway, Mendon, Milford
  - Note: The Nutrition Program maintains an emergency food pantry for clients of Tri-Valley aged 60 and older. A three-day supply of shelf-stable food will be delivered to clients experiencing a temporary shortage.

- Wayland Food Pantry
  - Address: Parmenter Community Health Care
  - 266 Cochituate Road
  - Wayland, MA 01778

        - Phone: 508-358-0028; 508-358-3000

    - Wellesley Food Pantry
        - Address: 207 Washington St
        - Wellesley, MA 02481
        - Phone: 781-235-1188
        - Website: wellesleyfoodpantry.org
        - Hours: Tuesdays 9-11 a.m.; second Tuesday of the month 5:30-7 p.m.
        - Note: Dinner served in the Hills Church's Assembly Hall on the second Tuesday evening of month from 5-7 p.m. Also open to receive donations of food on Monday mornings between 8:45-10 a.m.

    - Westborough Food Pantry
        - Address: Forbes Community House, 9 East Main Street
        - Westborough, MA
        - Phone: 508-366-3007
        - Distribution: Thursday 9:30-11:30 a.m. and 7-8 p.m.

    - Worcester County Food Bank
        - Address: 474 Boston Turnpike Road
        - Shrewsbury, MA 01545
        - Phone: 508-842-3663
        - Website: www.foodbank.org

- **Food bank of western MA**
    - https://public.tableau.com/app/profile/food.bank.of.western.ma/viz/FBWMEmergencyNetworkPrintable/I