



EARN, SPEND, & SAVE WORKSHOP OVERVIEW

Workshop Description

In this workshop, participants will learn about the importance of saving, ways to decrease their expenses, and ways to increase their income. Coaches and participants will work together on creating a budget.

Key Workshop Goals

- Understand the importance of saving
- Understand the importance of a budget
- Develop a working budget
- Understand expenses and income
- Adapt a budget for new circumstances

Core Skills Covered

- Be able to identify sources of potential income
- Be able to identify expenses
- Creating a budget based on actual expenses and income
- Spending less to stay within a budget
- Finding room in a budget for savings

Handouts To Be Discussed

- Tips to Decrease Spending and Increase Income
- My Budget Template
- Follow-up Exercises

Follow-up Exercises

- Coaches and participants will continue to track clients' expenses and pull clients' credit reports