

# PICTURE THIS WORKSHOP OVERVIEW

\*Participants will have an at home assignment to create a vision board online in advance of this workshop.

Below are free programs that may be used to create digital vision boards

Canva: https://www.canva.com/create/mood-boards/

Mural: <a href="https://mural.co/">https://mural.co/</a>

Google Slides: <a href="https://docs.google.com/presentation/u/0/">https://docs.google.com/presentation/u/0/</a>

## **Workshop Description**

Participants will work with their coaches to create vision boards to help them visualize their financial goals, get excited about how savings could be used to achieve these goals, and better the lives of their families

## **Key Workshop Goals**

- Create and share a vision board to represent the participants goals
- Further strengthen the coach and participant relationship

### **Core Skills Covered**

- Making a vision board
- Understanding the importance of goal visualization

### Follow-up Exercise:

Revisiting Goals