



What Is Women's Money Matters?

Women's Money Matters is a non-profit organization that builds the financial wellness, confidence, and security of women and girls living on low-incomes through a unique program that combines instructional workshops and personal, one-to-one coaching.

How does the program work?

Our program runs for approximately 3-4 months and consists of two parts:

- A series of 1.5 hour weekly workshops on topics such as financial goal setting, tracking expenses, budgeting, banking, understanding your credit report, protecting yourself against fraud and identity theft, saving for retirement and more
- Weekly one-on-one meetings with your volunteer coach to help you to individually establish and work on personal financial goals and resolve some of your specific financial concerns.

What will I learn?

- How to track your expenses and see where your money is spent every month
- How to build a monthly budget you can stick to and adapt for life changes
- How to know the difference between things you need and things you want
- How to use bank accounts to your benefit and resolve issues on your credit report
- How to improve grocery shopping skills and get the best nutritional value for your dollar

Will I have to share personal information?

- Your coach has signed a confidentiality agreement that anything you share with her is private between the two of you and not shared with anyone else.
- Disclosing certain financial details will help you find the solutions that work best for you.

What if I miss a meeting?

- We encourage you to attend all sessions but understand that unexpected situations can arise. If you think you will miss a session, let your program lead and coach know as soon as possible. Your coach can cover the material you miss at your next one-on-one.
- If you cannot attend a one-on-one with your coach, please let them know as soon as possible and find a time where you can make up your missed session together.

How do I get matched with a coach?

- We use the details you share with us in your application to match you with a compatible coach that may have similar interest or experience in an area you want extra help on.