



## A PLACE OF YOUR OWN WORKSHOP OVERVIEW

### **Workshop Description**

Transitions can be an emotionally draining and stressful time. Understanding what is needed and having a plan can help ease that stress. Here, the group discusses the emotional and monetary stresses associated with moving to your own place and other life transitions.

### **Key Workshop Goals**

- Looking at what renting, leasing and home ownership means and how to make the best choice.
- Understand the new expenses associated with moving into your own home
- Applying the standard goal process to a move
- Understand the non-financial impacts of moving into permanent housing
- Properly budget for additional expenses
- Prepare for the non-financial needs that will be part of the process

### **Core Skills Covered**

- Evaluating stable housing options, how to choose the right one and when.
- Setting the goal process and steps
- Budgeting for the expenses associated with having your own home
- Preparing for non monetary or material challenges that may arise.

### **Follow-up Exercise:**

Walk through the Goal Setting process for a move. Review/reference:

- New Home Materials Checklist
- First Time Homebuyer Resources